



## Killamarsh Healthy Community Activities

Sessions run fortnightly on **Fridays** from **1–3pm** at: St Giles Church Hall, Sheepcote Road, Killamarsh S21 1DU

16 February 2024 at 1-3pm

1 March 2024 at 1-3pm

22 March 2024 at 1-3pm

12 April 2024 at 1-3pm

26 April 2024 at 1-3pm

Crafting

Healthy cooking on a budget

Seaside memories

Chair based exercise

TBC



Sessions run fortnightly with the support of craft experts and local historians.

All sessions are free and everyone is welcome!

www.rykneldhomes.org.uk