

Are you being bullied, harassed or abused by a partner, relative, a friend or your neighbour?

We can help you with lots of services for e.g:

- 🌸 1-2-1 help from a Deaf Abuse Support worker
- 🌸 Information on where to get:
 - ▶ support to stop bullying, harassment or abuse,
 - ▶ free legal advice,
 - ▶ advice on moving house,
 - ▶ counselling services
- 🌸 Short workshops
- 🌸 Deaf Abuse free programmes that will change your life for the better!

Contact details

Telephone: 01773 828233 | SMS/text: 07960 056746

Email: def@deafinitelywomen.org.uk

www.deafinitelywomen.org.uk

www.springderbyshire.org.uk

We may be able to help you

1-2-1 support service

Our support worker will meet with you to discuss the problems you are having and she will help you to access support and advice available. Contact us if you need help.

Information

We are working with agencies that provide advice and support on issues involving:

- ✿ Abuse
- ✿ Bullying
- ✿ Harassment

Where can I go for advice?

Contact us if you need free advice and we will point you to the right organisations who may be able to help.



Short workshops

Our workshops will educate deaf and hard of hearing women on:

- ✿ how to keep safe while dating online,
- ✿ keeping safe when dating,
- ✿ how to protect themselves in relationships and
- ✿ how to be assertive.

Deaf Abuse free programmes

Our FREE 6 - week programme (2 hourly session) are for all deaf and hard of hearing women who have been or are in an abusive situation.

Accessibility

All services, workshops and programmes are fully accessible. We provide sign language interpreters, subtitles and voiceover.

Helping you to access **support**